



2022 / 2023 Schedule

September 1, 2022 - August 31, 2023

*Schedule subject to change. Updated 1/23/23.

Studios A & B are located at 1590 West Grand Ave.

*Studio C is located at 1618 West Grand Ave.

Monday	Studio A	Studio B	*Studio C
4-4:45 Ballet/Tap Combo, Age 4-6 (JT)		4-5 Jazz 1A, Age 6+ (BDA)	4-5 Contemporary 1, Age 10+ (SJ)
5-6 Tap 1A, Age 6+ (BDA)		5:05-6 Acting Series Class, Age 8+ (NN)*	5-6 Jazz 3, Age 11+ (SM)
6-7 Tap 2, Age 9+ (BDA)		6:05-7 Acting Series Class, Age 11+ (NN)*	6-7:15 Ballet 4, Age 13+ (KE) ★
7-8 Tap 3, Age 11+ (BDA)		7-8 Adult Contemporary Series (SJ)* from January 23 to February 13	7:15-8 Pointe, Age 13+ (KE) ★ (Drop-ins allowed with teacher approval)
Tuesday	Studio A	Studio B	*Studio C
			10:30-11:30 Adult Vinyasa Yoga (SL) ★
4-4:45 Ballet/Tap Combo, Age 3-5 (SJ)		4-5 Ballet 1A, Age 6+ (HD)	4-5 Ballet 2B, Age 9+ (KE)
5-6 Mini Company, Age 5+ (HD)		5:05-6:15 Ballet 3, Age 11+ (KE)	5-6 Jazz 2, Age 9+ (BDA)
6-7 Jazz 1B, Age 8+ (BR)		6:15-7 Beginning Pointe, Age 11+ (KE)	6-7 Tap 4, Age 13+ (BDA) ★
7-8 Tap 1B, Age 9+ (HD)		7:10-8:10 Open Hip Hop, Age Pre-Teen to Adult (BR)	7-8 Teen Company, Age 13+ (BDA)
Wednesday	Studio A	Studio B	*Studio C
10-10:45 Sing and Dance, Age 2-3 (TGB)			
11-11:45 Ballet/Tap Combo, Age 3-5 (TGB)			
4-5 Ballet/Tap Combo, Age 5-6 (LB)		4-5 Ballet 1B, Age 8+ (CV)	4-4:50 FLEX Conditioning Strength and Flexibility Level 2 (SM) (Instructor approval)
5:05-5:50 Hip Hop 2, Age 9+ (JT)		5-5:55 Musical Theater, Age 11+ (KP)	5-6 Jazz 4, Age 13+ (SM) ★
5:50-6:35 Ballet/Tap Combo, Age 4-6 (JT)		6-6:55 Voice and Music Theory 8+ (KP)	6-7 Adult Ballet (CV) ★
		7-8 Hip Hop 3, Age 11+ (EN)	7:05-8:05 Adult Tap (BDA) ★
Thursday	Studio A	Studio B	*Studio C
			9:30-10:15 Adult Pilates & Strength (SL) ★
			10:30-11:30 Adult Vinyasa Yoga (SL) ★
4-4:45 Ballet/Tap Combo, Age 3-5 (JT)		4-4:45 Mini Hip Hoppers, Age 5-6 (SJ)	4-4:50 FLEX Conditioning Strength and Flexibility Level 1 (BDA)
4:50-5:35 Mini Hip Hoppers, Age 3-4 (SJ)		5-6 Acting & Musical Theater, Age 5+ (NN)	5-6 Pre-Company, Age 8+ (BDA)
5:45-6:30 Hip Hop 1, Age 7+ (BR)		6:05-7:05 Adult Jazz (BDA) ★	6-7 Pre-Pointe, Age 13+ (KE)
6:30-7:15 Hip Hop 1/2, Age 9+ (BR)		7:05-8:05 Contemporary 2, Age 12+ (JT)	
Friday	Studio A	Studio B	*Studio C
4-4:45 Mini Hip Hoppers, Age 5-6 (SJ)		4-4:50 Theater Jazz, Age 8+ (BDA)	4-5 Contemporary 1, Age 10+ (JT)
4:45-5:45 Ballet 1A, Age 6+ (MB)		5-6 Ballet 2A, Age 9+ (CV)	5-6 Jr. Company, Age 11+ (BDA)
			6-7 Dance Teacher Training, Age 11+ (BDA)
Saturday	Studio A	Studio B	*Studio C
9-9:45 Ballet/Tap Combo, Age 3-5 (LB)		9-10 Jazz 2, Age 9+ (HD)	10-11 Dance Teacher Training, Age 11+ (BDA) - 1 Fri & 1 Sat per month in Lounge, schedule e-mailed
10-11 Ballet/Tap Combo, Age 5-7 (LB)		10-11 Pre Contemporary, Age 8+ (HD)	

Register online at flexperformingarts.com

Instructors		Tuition	DROP POLICY - We require 15 days advanced notice to drop a class. A \$25 Late Drop Fee will be applied for requests received after the 15th of the month. ★ = Drop-ins available! Subject to availability. Company Classes are Audition Only.
BDA - Brianna Deveraux-Allen BR - Ben Reyes CV - Cynthia Valenzuela EN - Eliana Nunley HD - Hannah Dailey JT - Jady Trevino KE - Kimberly Eaton	KP - Kaz Pearson LB - Lizann Burch MB - Meghan Betts NN - Natalia Noriega SJ - Sarah Janowicz SL - Sigrid Long SM - Stacy Millard TGB - Teresa Gasca-Burk	1 class - \$65/month 2 classes - \$124/month 3 classes - \$177/month 4 classes - \$200/month *Additional classes \$23/month + \$49 Annual Registration Fee Drop-ins - \$20 each Punch Card - \$180 for 10 classes *Series Pricing varies	